

Healthy Conversations

upcoming lectures and events
at **palm beach gardens medical center**

Heart Attack Risk Assessment

February 8th & March 14th

8:00am-12:00pm, Conference Room 4

FREE screening includes Blood Pressure, Cholesterol, Triglycerides, Glucose, Body Mass Index. All screenings will be held at PBGMC. To register, call 561-625-5070 or visit pbgmc.com.

Your Diet and Your Heart Health

February 10th

12:00pm-1:00pm, Conference Room 4

Dr. Rahul Aggarwal – Interventional Cardiologist

Keeping Your Heart Healthy from Prevention to Intervention

February 21st

12:00pm-1:00pm, Conference Room 4

Dr. Duccio Baldari – Interventional Cardiologist

Bone Density Screening

February 23 & March 22

FREE screening consists of a heel scan to measure bone density levels. All screenings will be held at PBGMC. Space is limited. To register, call 561-625-5070 or visit pbgmc.com.

Ten Medications That Changed Our Lives

March 20th

12:00pm-1:00pm, Conference Room 4

Dr. Rohit Dandiya – Internal Medicine

Free CPR/AED Training Course

March 27th

6:00pm

Be ready! To register, call 561-625-5070.

Treatment and Prevention of Osteoporosis

March 28th

12:00pm-1:00pm, Conference room 4

Dr. Martha Zambrano – Internal Medicine

Dr. Holly Brown-Lenard – Orthopedic Surgeon

**For a FREE mini
first aid kit,
call 561-625-5070.**



**Palm Beach Gardens
Medical Center**

3360 Burns Road
Palm Beach Gardens, FL
561-625-5070
pbgmc.com 