



Dr. Scott McFarland on CBS 12 Speaking on Summer Safety Tips for Kids

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What parents need to know to keep kids safe this summer

PALM BEACH GARDENS, Fla. -- Dr. Scott McFarland is the Medical Director at Palm Beach Gardens Medical Center and he is also an expert on child drowning.

"The biggest concern certainly the one that plagued us over the years in my career, I have seen dozens and dozens of drownings," said Dr. McFarland.

But Dr. McFarland's expertise doesn't come from being a doctor.

"I drowned as a kid...we were at a lake...I wandered down when a ball rolled into the water, kept going after it until I was over my head in no time," said Dr. McFarland.

Dr. McFarland's dad tried to rescue him. He survived and thrived but that incident has made him passionate about educating parents

"if you want to know one single cause of drowning, it's distracted parenting," said Dr. McFarland.

So what should you do? If there's only one thing you learn this summer, Dr. McFarland says it should be to, "know CPR, if you've got kids know how to do CPR."

<http://www.cbs12.com/news/medical-4733662-local-center.html>